Bergen University College is a state institution of higher education, established in August 1994 by the merging of six former independent colleges in Bergen, Norway.

The College is organised in 3 faculties:

- Faculty of Education
- Faculty of Engineering
- Faculty of Health and Social Sciences

Organisation Structure

The total number of students is about 6000, and there are 600 academic and administrative staff.

Bergen University College offers studies of high quality, directed towards specific professions in society, and there is a great demand for graduates from our study programmes.

Study Programmes 2006/2007
Study Programmes 2006/2007

Academic calendar 2006/2007:

Term 1/Autumn: August 14 - December 20
Term 2/Spring: January 4 - June 20

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Faculty of Health and Social Sciences

Facts

**Degrees:** Bachelor and master degrees  
**Number of students:** 1600  
**Number of staff:** 145

Departments

The Faculty of Health and Social Sciences has seven departments:

- Department of Occupational Therapy  
- Department of Physiotherapy  
- Department of Nursing  
- Department of Radiography  
- Department of Social Education and Social Work  
- Department of Postgraduate Studies  
- Department of Research and Development

Department of Postgraduate Studies trains midwives, public health nurses, and offers advanced courses in several other subjects.
**Study Programmes**

**Study Programmes**
Courses in English

**Address**
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**Telephone:** +47 55 58 75 00
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**Dean:** Kristin Ravnanger
**Local international coordinator:** Elin Kvaale

**Further information about the campus**

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**Study Programmes**
Bergen University College is organised in three faculties, situated at five different campuses in Bergen. The College offers bachelor degrees within different subject areas, and some master programmes.

The main language of instruction for our degrees is Norwegian. Bergen University College does, however, offer some courses in English for exchange students.

**Regular study programmes**
Courses in English

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**Faculty of Health and Social Sciences**
The Faculty of Health and Social Sciences has six basic Study Programmes:

- Nursing
- Physiotherapy
- Social Work
- Social Education
- Radiography
- Occupational Therapy
In addition the Faculty educates midwives, public health nurses, and offers advanced courses in several other subjects:

- Anaesthetic Nursing
- Drug Related Problems
- Mental Health Care
- Midwifery
- Operating Room Nursing
- Paediatric Nursing
- Public Health Nursing
- Social Work in Europe

Master programme:

- Masters Degree in Community Work

There are approximately 1600 students and 145 staff members at the Faculty of Health and Social Sciences.

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**Nursing, Bachelor**

**Duration:** 3 years  
**ECTS credits:** 180

The nursing programme qualifies and certifies the student for the nursing profession. Nurses are trained to provide service and care to persons who suffer from poor health as well as those who are healthy. As health workers, nurses are one of the many groups of health professionals working with patients and their families to provide appropriate forms of health care.

The programme enables the students to:

- master the fundamental methods and skills of nursing
- develop sophisticated skills in self evaluation
- integrate the nursing profession’s code of ethics when caring for patients in the

- develop the appropriate attitudes and skills for professional participation in
Main Focus of Programme

Nursing patients with permanent functional deficiencies
Nursing patients with acute diseases
Nursing in families and society at large

Organisation

Both theoretical and clinical studies in the health services are included in all main subject areas. One third of the ECTS credits awarded for the programme is for practical nursing studies in which students work directly with patients. The programme is organised as a combination of lectures, group work, individual studies, seminars, practical studies and project work. The practical studies and most of the lectures/seminars are compulsory.

Bachelor Programme - Nursing

Bergen University College 2004-2005
Course Description

Objectives

Objectives for the undergraduate course in nursing are set out in the Framework Plan: http://www.nnr.no/

The nursing course at Bergen College aims to educate competent nurses who base their professional practice on the most updated knowledge based on clinical experience and research. The patient's needs form the basis for all treatment and the core of all nursing care.

On completion of the undergraduate course, students should:
- have acquired a sound level of knowledge for providing professionally safe nursing care,
- demonstrate a caring attitude, and consider care to be their principal value,
- demonstrate an accomplished level of proficiency, thus contributing to the patient's comfort.

The nursing course at Bergen College is based on a theory of learning which
· is founded on a philosophy which expresses trust in people's ability to learn through discovery.
· assumes an equal relationship between students and teachers, for which the aim is for students to develop their ability and willingness to acquire awareness and reflective attitudes to nursing.
· builds on a conviction that independence, moral accountability and responsibility for one's own learning are qualities best developed in an environment characterised by well-being, security, involvement, challenge, trust and pride.
· involves a belief that these circumstances stimulate a process of life-long learning through which the nursing practitioner can actively meet the challenges offered by the health and social services.
· involves the promotion by teachers/-supervisors of the above ideas while working together on the curriculum with students, colleagues and placement professionals.
**Course outline with modules, credits and terms.**

The nursing course gives 60 credits per year, totalling 180 credits. For the theoretical subjects, the number of prepared classes will vary with the choice of teaching methods. On an average, there will be approx. 12-14 hours of prepared classes per week.

The course is divided into 4 main topics:
H 1: Academic and scientific basis for nursing care (33 credits of which 15 from the common foundation programme)
H 2: Nursing and professional practice (72 credits)
H 3: Medical and science subjects (45 credits)
H 4: Social science subjects (30 credits of which 15 from the common foundation programme)

The course is split into modules, each of which focuses on themes from one or more of these main topics. Clinical practice will involve all subjects, and placements are scheduled for 9 of 16 modules.

**1st YEAR MODULES**
1: Nursing profession and practice, including psychology, ethics and communication from the common foundation programme in the framework plan.
2: Anatomy, physiology, microbiology, general pathology and general pharmacology
3: Introduction to project work methodology
4: Pathology, special pharmacology and drug calculation
5: Introduction to surgical and medical nursing.

**2nd YEAR MODULES**
6 A: Medical nursing, including ethics from the framework plan's common foundation programme, psychology, teaching, health and social politics, legislation.
7 A: Surgical nursing, including ethics from the framework plan's common foundation programme, psychology, teaching, health and social politics, legislation.
6 B: Medical nursing, psychology, teaching, health and social politics, legislation.
7 B: Surgical nursing, including psychology, teaching, health and social politics, legislation.
8: Microbiology and hygiene
9: Proactive work and health promotion

**3rd YEAR MODULES**
10: Management and nursing
11: Teaching and guidance in Nursing. Geriatrics and care for the elderly.
12: Cultural Awareness in Nursing
13: Theory of science and methodology, incl. topics from the common foundation programme in the framework plan.
14: Nursing in the local health service / health visiting
15: Psychiatry and nursing care for people with mental illness.
16: In-depth studies, professional development and research in nursing

**Course outline - theory and practice**
1st year:

M1 = 22.5 credits incl. 4-week placement
M2 = 15 credits
M3 = 15 credits
M4 = 13.5 credits incl. 1-week placement
M5 = 7.5 credits

2nd year:

M6A med./M7A surgical = 24 credits incl. 12-week placement
M6B med./M7B surgical = 18 credits incl. 9-week placement
M8 = 3 credits
M9 = 15 credits incl. 1-week placement

3rd year:

M10 = 1.5 credits
M11 = 10.5 credits incl. 4-week placement
M12 = 3 credits
M13 = 3 credits
M14 = 13.5 credits incl. 8-week placement
M15 = 15 credits incl. 8-week placement
M16 = 13.5 credits incl. 4-week placement

**Forms of instruction and student participation**

The following forms of instruction are employed:
Lectures: Attended by one or more classes.
Project work: Used for theory as well as practice.
Seminars involving student presentations.
Study groups: groups consisting of 10 - 15 students with a teacher in attendance.
Student groups: groups organised by the students, often springing from study groups.
Practical exercises at college premises: Skills training in groups or on a one-to-one basis.
Tutorials: tutored groups with emphasis on personal and academic growth.
Clinics: practical instruction based on patient situations.
Supervised practice: The teacher supervises students individually or in groups as they engage in the clinical practice programme. The forms of supervision employed during supervised practice sessions are described under each module.
Three-party talks: talks involving the student, the placement supervisor and the teacher, forming an important part of the student's on-going guidance/appraisal.
Reflective reports: Used during placement periods for reflecting on events / situations which have been of importance to the student. May form the basis for guidance talks with the teacher.

**Clinical practice:**
Students may serve their placement periods in the specialist health service or in the municipal health service. Clinical practice and all preparatory lessons are compulsory,
and non-attendance must not exceed 10%. 1st year includes a 4-week placement, 2nd year includes a 22-week placement, and 3rd year includes a 24-week placement. Supervised clinical practice (placements of 8 weeks or more) is assessed to Pass / Fail.

**Assessment forms**

**Portfolio evaluation**
is used in modules 1 and 5 of 1st year and in modules 6/7 of 2nd year. Work is ongoing to introduce portfolio evaluation for a larger number of modules.

**Work requirements**
are set out under each module description and the outlined course progression requirements. For the clinical practice to be approved, a Pass must be achieved for all compulsory written assignments for each placement period.

**Final nursing exam:**
The exam is by way of a dissertation to be written by the individual student over a period of 4 weeks in Semester 6. The dissertation shall focus on a nursing subject and may be based on any of the course topics. Research-based literature must be used. A project plan for this dissertation must be drawn up in module 13. Guidance will be offered.

Furthermore, up to 4 dissertation guidance sessions are offered in M 16, of which 2 are compulsory. The students are responsible for contacting their tutor. For students to be entitled to guidance, they will need to make an appointment with their supervisor for the two compulsory **guidance sessions before the first Friday of the exam period.** Should the student fail to attend the compulsory guidance sessions, this will constitute illegitimate absence (see the exam regulations) and the dissertation will not be assessed. On completion of the exam period, a seminar will be held during which the students present their own dissertations to a group of fellow students. Attendance is compulsory for this seminar.

**Academic premise for course progression**
In general, the nursing course is structured so that new areas of knowledge assume, and build on, prior learning. The nursing course involves contact with and shared responsibility for patients. This requires the students to be prepared for and to have acquired an appropriate level of knowledge before being given the opportunity to start their clinical practice. The succession of modules has therefore been determined as in accordance with the outline below. For some of the modules, students will need to sit compulsory tests before embarking on their clinical practice. The forms of assessment and required course progression are outlined below:

assignments/project work, home exams, college-based exams, oral exams.
**Internationalisation**

The undergraduate nursing course accommodates international student exchanges in the 2nd and 3rd year. The department co-operates with nursing departments in other Nordic countries via the Nordplus programme and exchanges students serving their placement periods at hospitals, in the municipal health visitor service, and in mental health institutions.

The department has also entered into an agreement with Tanzania for student exchanges in connection with specialisation placements, involving the KCMC hospital, the Haydom hospital and the Kiwakukki Centre (proactive work to prevent Aids, and assistance to help children/families affected by Aids).

Students may also apply to serve their specialisation placement abroad, provided this is organised by the students themselves. Applications are considered by the department on the basis of set criteria for the relevant period.

Students in 2nd year may apply to take either Semester 3 and/or 4 at Queensland University of Technology in Australia.

Under Erasmus (Europe), we are part of a teacher exchange programme called Cultural awareness in nursing (M12). All teaching in this module will therefore be in English, provided by teachers from our partnering countries in Europe. Work is going on to arrange for a student exchange programme under Erasmus.

Visiting students from foreign institutions will find modules 6, 7, 11 and 14 to be of greatest relevance. These modules will be taught in Norwegian, and foreign students are expected to master the Norwegian language (or Danish/Swedish) to ensure communication with patients and staff in connection with their practical studies for these modules.

**SYLLABI**

A detailed syllabus has been set out for each module, and is available from: [http://www.hib.no/biblioteket/ahs/HBK/Pensum_sykepleie/](http://www.hib.no/biblioteket/ahs/HBK/Pensum_sykepleie/)